

## Top 10 Tips...

### For Cockroach Control

- 1 Cleaning and Hygiene:** Clean all surfaces to remove food residue. Don't leave dirty dishes and utensils out. Keep bins covered and ensure areas where food can collect are frequently cleaned (e.g. under refrigerators).
- 2 Deny Access:** Seal gaps around doors, windows and where utility lines enter.
- 3 Carriers of Disease:** Cockroaches can contaminate food utensils and preparation surfaces. They taint food with an obnoxious smell and can carry many bacteria, as well as organisms which cause food poisoning in humans.
- 4 Waste Management:** Contain refuse correctly and remove on a regular basis. Bins should be fitted with close fitting lids and frequently cleaned of all food waste. Avoid accumulations of packaging and paper products, as they readily absorb a certain chemical attractor that cockroaches emit. This aggregation pheromone is like a GPS system to attract other roaches.
- 5 Building Maintenance:** Any leaks should be fixed immediately to cut off a potential water source. Moist wood is an ideal nesting site for cockroaches and should be replaced.
- 6 Damage to Reputation:** If evidence of cockroach infestation is found on your premises, it can ruin your organisation's reputation and potentially result in closure by an Environmental Health officer.



- 7 Regular Inspection:** Search behind, under, on top of, and around all appliances, shelving, tables, walls, cabinets, and any other area that may harbour roaches. Cockroaches are nocturnal, so night time inspections can be useful.
- 8 Harborage and Environment:** Cockroaches need moisture and warmth. Reducing temperature and moisture will aid in their control. Common harborage includes in and around refrigerators, stoves, under sinks and boilers.
- 9 Co-operation of Neighbouring Properties:** All of your efforts may be in vain if the apartment or business next door continues to be a happy haven for roaches.
- 10 Call a Professional:** Any significant cockroach infestation should be tackled by a pest control professional. Monitor will implement an Integrated Pest Management (IPM) approach, which will eliminate infestations quickly and efficiently.



Rodents



General  
Insects



Flying  
Insects



Stored Product  
Insects



Birds



Wildlife